

PLAY SPECIALIST TRAINING COURSE

Aim

The goal of the Play Specialist training course, offered by Il Porto dei Piccoli, is to train professionals able to build and develop supportive and child-oriented relationships within the paediatric hospital context using games and play.

Recipients

Persons with a bachelor or master's degree in psychology and related disciplines (such as educational sciences, pedagogy, philosophy, and communication sciences)

Duration

600 total hours organized as follows:

- 300 hours for basic module and professionalizing module
- 300 hours of internship to be carried out in hospitals

Course program

Modules	THEMATIC AREA	DISCIPLINES	TEACHING CONTENTS	HOURS		
1- Basic Module	Course structure	Organization of the course	Presentation of the course and objectives	2		
			Analysis of technical, cognitive, and relational skills	4		
	TOTAL HOURS			6		
	Social / cultural institutional and legislative area	Elements of national and regional legislation with a socio-welfare and social security	General system of the state-organization and functions. Notes on decentralized functions (region, province, municipalities) National social and health legislation, regional legislation in social and welfare matters		8	
				Safety in the workplace	Safety in the workplace (Legislative Decree no. 81/2008)	12
				Informatics	Elements of tele-rehabilitation	25
				English	Knowledge of medical-scientific English (prerequisite B1)	20
The role of the recreational				The role of the recreational therapy specialist	6	

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	therapy specialist	Application field; international experiences	6
	Fundamentals of ethics and deontology	Moral ethics-deontology	3
		The rights of healthy and sick people; the charter of the rights of man, of the elderly.	2
		The Court of the rights of the sick.	3
		The Service Charter.	2
		Professional and official secrecy.	2
		Confidentiality	2
		Ethics and research	3
		Elements of bioethics	3
	Reporting	Study and group work	5
TOTAL HOURS			102
First aid	First aid	Basic First Aid course (adult, child, infant)	8
		First aid procedures and protocols	2
TOTAL HOURS			10
Emergency Psychology	Elements of Emergency Psychology	Emergency as a psychological condition	6
		Health and migration emergencies	6
	Psychotraumatology	Psychological first aid	6
		Personal protective equipment (demonstration)	3
		Integrated psychotrauma models	6
		Mourning and children	5
	Reporting	Study and group work	8
TOTAL HOURS			40
Psychology Pedagogy		Affective, psychomotor, psychosocial, and cognitive development	4

	Elements of psychology-pedagogy	Attachment theory and parenting psychology	4
		Reflexive function	4
		The concept of disease during childhood	3
		Communication: basic element to develop relationships with others	3
		Stress management and burnout	3
		Relationship within the group work	4
		Relationship with the medical team and other healthcare professionals	3
		Diagnostics and classifications	4
		Psychology of disability	4
	Reporting	Study and group work	8
TOTAL HOURS			44
Pediatrics	Elements of pediatrics	The physical development of the child	3
		Neuromotor development	3
		Elements of pediatrics	4
		First aid elements	4
		Infectious diseases	3
		Chronic diseases	3

			Health and hygienical rules in the hospital context and in the context of the disease	2
			Preparation for medical and surgical procedures	2
			Invasive and non-invasive diagnostic techniques	2
		Reporting	Study and group work	8
TOTAL HOURS				34
2- Professionaling module	Operational Technician	Building an educational relationship with minors in a context of fragility	Research methodologies in the field of child development	3
			Basic statistics for data collection and storage	4
			Early childhood observational techniques	4
		Interactive and practical lessons related to:	How to recognize the needs of the child	3
			Active listening techniques	4
			Coping with discomfort techniques	5
			Anxiety management techniques	4
			Techniques of reflection on one's professional actions.	4
			Impact assessment techniques	4
			Data monitoring software	4
			Relating to children and their families in a hospital setting	3
		Play and relationship with minors in a context of fragility	Educational values of playful activities	4
			Elements of singing, theatre, and art techniques	4
			Elements of theatre techniques	3
			Use of colours in art education	3
			Games and toys	3
			Game for children up to 3 years	4
			Educational game for children aged 3 to 10	4
			Educational game for teenagers	4
			Elements of game theory	4
	Techniques of storytelling	3		

		Practical interactive lessons related to:	Reporting techniques for monitoring activities	2
			Animation techniques and tools	3
			Juggling techniques	4
			Sound-musical and improvisation techniques	4
			Manipulation techniques	4
			Techniques of realization of didactic and informative material related to the theme of the sea	4
			Storytelling linked to the theme of the sea	3
			Puppets and marionettes	4
			Elements of Pet Therapy	4
			Culture of the sea from the point of view of the Coast Guard	2
			Culture of the sea from the point of view of the Coast Guard	2
			Project Cycle Management	15
			Simulation	Work group
TOTAL HOURS			300	
Proctice		Internship	internship in social health structures	300
Undividual work		Study and elaboration of the final thesis		